EU-COGER – European cooperation in geriatric rehabilitation research
First 100 patients have been included!

ABOUT THE STUDY
Observational design using regular care data from geriatric rehabilitation (GR) units

MEASUREMENT MOMENTS
- Admission
- Discharge
- 6 weeks after discharge
- 6 months after discharge

PRIMARY OUTCOME
Functional status (admission vs. discharge)

SECONDARY OUTCOMES
Quality of life, length of stay, mortality

STUDY AIMS
To gain insight into…
1. **Recovery of older Covid-19 patients** during and after stay at a rehabilitation department
2. **Care services of post-Covid-19 rehabilitation** in various European countries
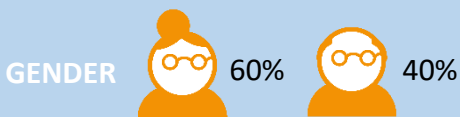
PARTICIPATING COUNTRIES
Germany	Portugal
Israel	Russia
Italy	Spain
the Netherlands	United Kingdom

ELECTRONIC DATA CAPTURING PLATFORM

castor

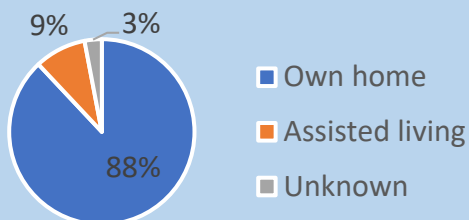## CHARACTERISTICS OF THE FIRST 100 PATIENTS

GENDER 60% 40%

MEAN AGE 75 years (range: 53 - 94)

STAY AT ICU BEFORE ADMISSION TO GR
22% of the patients
Mean length of stay: 25 days

PREMORBID RESIDENCE

9%   3%   88%

- Own home
- Assisted living
- Unknown

COMORBIDITIES
In ≥ 92 of the patients

MOST FREQUENT COMORBIDITIES:
Visual impairments, diabetes, pulmonary disease, heart failure

FUNCTIONING (BARTHEL INDEX: SCALE 0 – 20)
Before admission to GR (n=54), premorbid
Mean 16.6 (IQR: 14-20)
At admission to GR (n=81)
Mean 13.3 (IQR: 10-18)

Many thanks to all participating institutions for their contribution. Please keep up this important work!

UNC ZH — University Network for the Care Sector South Holland

EuGMS — European Geriatric Medicine Society
Fostering geriatric medicine across Europe

Signing up and contact
Do you work in a (geriatric) rehabilitation department and would you like to contribute? Please contact EU-COGER@lumc.nl

More information
https://www.lumc.nl/org/unc-zh/English/Research/EU_COGER_ENGLISHpage/