EU-COGER – European cooperation geriatric rehabilitation research Rehabilitation after COVID-19 **Update December 7, 2021**



STUDY AIMS

To gain insight into geriatric rehabilitation (GR) through examining:

- 1. Recovery of older Covid-19 patients up to 6 months after discharge from GR
- 2. Care services of post-Covid-19 rehabilitation in various European countries

730 PATIENTS INCLUDED Gender 48.4%



Age (mean)

75 years (range: 42 - 100)

Comorbidities (>25%) heart failure 29.9%,

diabetes 29.9%,

pulmonary disease 28.7%

Stayed at ICU **Length of GR**

32.6% (median length 23 days)

median 25 days (IQR 15 - 39)

Clinical Frailty Status at admission to GR:







Moderately frail

managing well: mildly frail: 10.4%

27.2%

Vulnerable to

to very severely

frail: 62.4 %

10 PARTICIPATING COUNTRIES



OUTCOMES of GERIATRIC REHABILITATION:

ADL functioning:

Patients are almost back at their premorbid level at discharge

Discharge destination:

75.7% 🛊 🖵





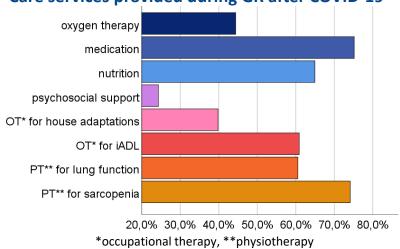




Fostering geriatric medicine across Europe

Strongly increased during GR Quality of life

Care services provided during GR after COVID-19



Many thanks to all participating institutions for their contribution. Please keep up this important work!

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