#### EU-COGER – European cooperation geriatric rehabilitation research Rehabilitation after COVID-19 Update May 11, 2021



### **STUDY AIMS**

To gain insight into geriatric rehabilitation (GR) through examining:

- 1. Recovery of older Covid-19 patients up to 6 months after discharge from GR
  - 2. Care services of post-Covid-19 rehabilitation in various European countries

### **401 PATIENTS INCLUDED**



Gender 47.1% Mean age 75 years (range: 44 - 100) Comorbidities (yes) 93.1% most frequent: heart failure, diabetes, pulmonary disease Stayed at ICU Length of GR

32.4% (median length 21 days)

median 22 days (IQR 14 - 43)

## **Clinical Frailty Status at admission to GR:**







Very fit to managing well: 17.1%

Vulnerable to mildly frail:

Moderately frail to very severely frail: 57.2 %

### **11 PARTICIPATING COUNTRIES**



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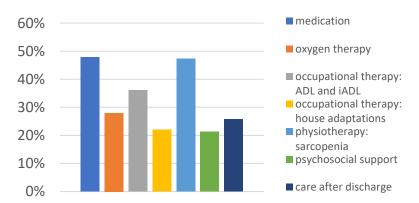
European Geriatric Medicine Society

Fostering geriatric medicine across Europe

25.7%

#### **OUTCOMES of GERIATRIC REHABILITATION: ADL functioning: Discharge destination:** 76.2% + 4.8% 🌶 💾 **Quality of life**

## Frequency of the provided GR care services



# Many thanks to all participating institutions for their contribution. Please keep up this important work!



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